



Spring 2020 E-Newsletter

Farm Safety, Health, & Wellness Mental Health Case Study

The Family Vegetable Farm in Roanoke, Virginia

Follow beginning farmers Danny and Catherine as they experience drought, stress, injury, and economic hardship on their family vegetable farm in Roanoke, Virginia.

This fictional case study shows how an extension agent can intervene and make appropriate referrals that help farmers manage both their emotions and their farm.

VCE Publication ALCE-192NP



Farm Safety, Health, & Wellness

AgrAbility Virginia has been at the center of a collaborative Farm Safety, Health, & Wellness initiative. Through this initiative, AgrAbility Virginia has hosted educational webinars, trained staff on a farm stress curriculum, and published multiple resources. One of the many outcomes from this successful initiative include five fictional case studies and a guide to show how practitioners can support farmers through stressful events and decisions. Click [here](#) for more publications.

What's new with AgrAbility Virginia?

AgrAbility Virginia serving farmers through COVID-19



For more information, resources,
and updates:

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As COVID-19 cases are growing in the United States and Virginia, AgrAbility Virginia is aware that our agriculture and food system is facing uncertain and challenging times. We want to ensure Virginians that we are continuing to serve Virginia farmers and farm workers throughout this pandemic.

While we prefer face-to-face and on-farm interactions with our clients, AgrAbility Virginia is complying with Governor Northam's stay-at-home and social distancing orders to protect farmers and the larger community. We will continue to be available by phone or email and offer information and resources on how farmers can continue working safely and efficiently.



Serving Farmers through COVID-19

AgrAbility Virginia is still serving farmers through the COVID-19 pandemic. Click [here](#) and select



Farmers Spotlight on our Advisory Group

Terrie Webb of Webb's Gardens is one of many clients AgrAbility Virginia has served over the years, and now she along with three other

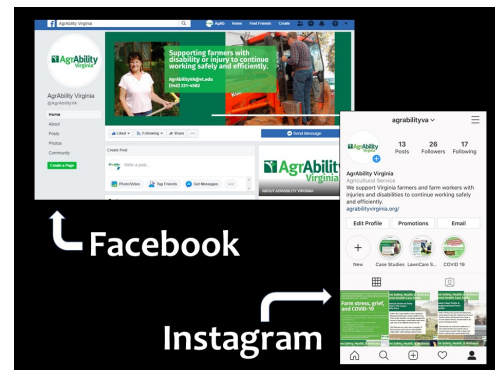
"COVID-19 Announcements" for more resources and information. If you know a farmer or farm family who could benefit from AgrAbility Virginia services, please contact Garland Mason at 540-231-4582 or AgrAbilityVA@vt.edu

farmers have accepted positions on the Advisory Group. This is a group of health practitioners and farmers who help guide and advise the AgrAbility Virginia team. Click [here](#) to see who else is in the Advisory Group.



Lawn Care Safety

As families stay home during COVID-19, Virginia Cooperative Extension continues to provide important safety tips and publications regarding lawn and garden care. Click [here](#) and select "At-Home Safety" for more resources and information.



We are on Social Media

Part of the long-term marketing plan, AgrAbility Virginia has revamped our social media presence. We've updated our [Facebook](#) page and added a new [Instagram](#) account! Like us on Facebook and follow us on Instagram at [@agrabilityva](#).

The AgrAbility Assistive Technology Fund

AgrAbility Virginia works to help farmers and farm workers with injuries or disabilities to continue working safely and efficiently. Easterseals UCP, an AgrAbility Virginia partner agency, organizes the Assistive Technology Fund as an avenue to support this mission.

Want to donate to the Assistive Technology Fund?

- 1) Write a check to Easterseals UCP with "AgrAbility Virginia" written in the memo section and mail to:
Easterseals UCP North Carolina & Virginia
201 East Main Street
Salem, VA 24153
- 2) Call our office to donate over the phone with a credit card: (540) 777-7325
- 3) Click the orange button below to link to our online donation page.

[Donate to the Assistive Technology Fund](#)

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AgrAbility Virginia Partner Agencies



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